

Innovation with ELNEC Education

January 26, 2023

ELNEC Undergraduate/New Graduate

Module 1: Introduction to Palliative Care

- I. Introduction, Purpose of Webinar Series and Overview of ELNEC Modules
 - a. Updates to ELNEC released Spring 2023
- II. Short Tour of Module 1: Introduction to Palliative Care
 - Objectives:**
 - a. Define the philosophy and principles of palliative care and hospice.
 - b. Describe the role of the nurse, as a member of the inter-professional team, in providing quality palliative care for patients with serious illness and their families.
 - c. Identify common symptoms and concerns associated with serious illness that affect the physiological, psychological, social, and spiritual domains of quality of life.
- III. Consider language around content warning. Examples:
 - a. **Embedded in revised modules (2023):**

“ELNEC acknowledges that every person has unique life experiences that inform how they perceive and respond to various types of information. We recognize that topics within palliative and end-of-life care, such as death and dying, can be cognitively or emotionally challenging for some individuals, resulting in feelings of discomfort, and upset. We encourage learners to contact their course faculty members or university-based mental health services if they experience distress associated with the content within this module”.

Diversity Statement: “The written content provided throughout the course has been updated to reflect important issues of diversity, equity, inclusion, and accessibility for populations served and we are committed to continue to improve the diversity of course content”.
 - b. **Other Example:** “We recognize that topics within palliative and end-of-life care can be cognitively or emotionally challenging for some individuals. We encourage learners to contact their course faculty members or university-based mental health services if they experience distress associated with the content within this module.”
- IV. Supplemental Resources
 - a. Publicly available videos
 - b. ELNEC – when requesting token to review material or if you use ELNEC, write to ELNEC@coh.org and request supplemental materials for the specific module.
 - i. Case Studies and other resources
- V. Let’s Practice
 - a. In small breakout rooms, you will select one of the resources and talk about how you might leverage in your teaching (classroom, clinical post conference, or simulation).

- VI. In closing – Questions, Next Webinar (ELNEC-Graduate: Introduction to Palliative Care)
- a. Needs Assessment Survey: [CLICK HERE](#)
 - b. Call for submissions – please share teaching exemplars you use to introduce palliative care to students. [CLICK HERE](#)

ADDITIONAL VIDEO RESOURCES

Module 1: Introduction to Palliative Nursing Care

Describing Palliative Care

CareChannel (2019). *Understanding palliative care.*

Describing palliative care: animated description (3 minute)

VIDEO: <https://www.youtube.com/watch?v=TZCI25C8tEQ>

MassGeneralHospital (2010). *Early palliative care: Improving quality of life.*

Differentiative Palliative and Hospice Care: Example of the team and the role of nurse (4 minutes)

Video: <https://www.youtube.com/watch?v=XHtHXGhTIC4>

MDedge (2012). *Experts: Palliative care lowers costs.*

Cost savings of Palliative care (4 mins)

VIDEO: <https://www.youtube.com/watch?v=AqEfh1bDUHw>

Pall Care Australia (2019). *Busting Palliative Care Myths*

Australian experiences however much is applicable in US. (8 mins)

VIDEO: https://www.youtube.com/watch?v=B_FA2R9AU3o

The BMJ (2017). *Palliative care from diagnosis to death.*

Overview of disease trajectories and palliative care (4 minutes)

VIDEO: <https://www.youtube.com/watch?v=vS7ueV0ui5U>

Patient Testimonial/Stories

Miller, B.J. (2015). *What really matters at the end of life.* TED

Dr. Miller shares his personal experience of near death and recovery.

VIDEO: <https://www.youtube.com/watch?v=apbSsILLh28> (19 minutes)

Palliative Care: *One family's experience*

Family tells their story of how a car accident almost claimed their son's life. (8 mins)

<https://www.youtube.com/watch?v=xfmhPd8jROM>

USC Leonard Davis School of Gerontology. (2019). *Aspen's Palliative Care Experience*

34-year old describes their experience with palliative care. (4 mins)

<https://www.youtube.com/watch?v=OgWdwsNYY3Q>

UW (2016). *Palliative Care Patient: Regaining a Quality Life*

Debbie is a hair dresser, a business owner and a proud grandmother diagnosed with Multiple Myeloma. Debbie was in a great amount of pain while receiving treatment for her illness. Then she found palliative care and as a result is back to work doing what she loves. Debbie's palliative care team treated her and the pain and stress

caused by her illness. Enhancing quality of life and supporting the whole person is what palliative care is all about. (2 ½ mins)

VIDEO: <https://www.youtube.com/watch?v=HRCVwAi5jqw>

UW Medicine (2013). *Palliative Care: Helping patients improve quality of life.*

The video tells two stories: a patient's widow and a patient with an artificial heart. Two physicians describe UW Medicine's approach to palliative care. Palliative care helps patients with serious illnesses and their families choose medical care that respects their needs, reduces pain and improves quality of life. Video produced for UW Medicine. (4 minutes)

VIDEO: <https://www.youtube.com/watch?v=PCykUpEgX9k>

Breakout Activity

Instructions: Everyone walk through the case study example and discuss how you might use this in class, clinical, or something simulation-related.

Case Study 1

Ms. T.: Need for Palliative Care at the Time of Diagnosis

Ms. T. is 70 years old, is a retired school teacher, lives alone, and her only family is a son who lives out-of-state. She was diagnosed last week with advanced pancreatic cancer and is planning to start chemotherapy next week. She is experiencing severe abdominal pain, nausea and vomiting and is admitted to the hospital. You are the nursing student assigned to her care today. The oncologist has just seen the patient and has told her he would like to have the hospital's palliative care team see her today. As you are helping her with her a.m. care, Ms. T. says to you, "Why do I need a palliative care team? I thought palliative care is just for people who are dying."

Discussion Questions:

1. Why might Ms. T. be appropriate for palliative care?
2. What services might palliative care be able to provide for Ms. T.?
3. How do you explain the concept of palliative care to Ms. T.?

Instructions: discuss how and when these might be used in your teaching or within your program

1. Arrange for participants to attend an interdisciplinary palliative care team meeting. In class, post-conference, or seminar, discuss the roles of various team members. Discuss the differences between interdisciplinary and multidisciplinary teams.
2. Compare and contrast the precepts of palliative care with the hospice model of care; discuss the merging of hospice nursing with palliative care nursing; envision the type of care that will be offered.
3. Develop the character of a hospice/palliative care nurse for a television movie. Include:
 - Personal and professional characteristics of the nurse.
 - Roles and responsibilities.
 - Care settings.
 - Ways of collaborating with other health professionals.
 - Situations in which the nurse would assume a leadership role.