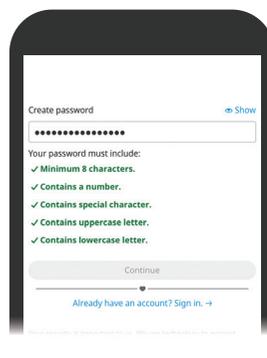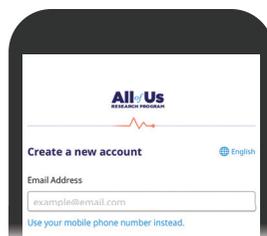# How to Create an *All of Us* Account

1 Go to JoinAllofUs.org

2 Select "JOIN NOW"

3 Create your account

a. You can register using your email or mobile number
   (to switch to mobile number, click
   "Use your mobile number instead.").
   - A verification code will be sent to the
     mobile device you use to sign up with
     (be sure you have access to it).

b. Create a password that includes:
   - Minimum eight characters
   - At least one number
   - At least one special character. (eg., !,., $, @)
   - At least one uppercase letter
   - At least one lowercase letter
     ◦ Example password: AllofUs2020!
       (Please do not use this password)

c. Once your password meets all of the requirements,
   the "Continue" button will light up. Click it.

d. **Please write down your account information somewhere safe.**
   You will be asked to log back into your account in the future.

3 Create your account (Cont'd)

e. Log into your email (if used) or go to your text messages on
   your cell phone to find the verification code. See below.

Email:

SW3NM

This code expires in 30 minutes and you can only use it once.
If your code has expired or you run into any problems, please
request another code through your *All of Us* account page or
call us at
(844) 842-2855.

Text:

Text Message
Today 10:52 AM

Here is the All of Us Research
Program code you requested:
JCFSC. Please enter it on your
screen. The code expires in 30
minutes.

f. Type the five-digit code into the box in your web browser.
   Once done, the "Verify" button will light up. Click it.

Please enter the code to continue creating your
account.

_ _ _ _ _

Verify

Please enter the code to continue creating your
account.

S W 3 N M

Verify

4 Next you will be asked to create three security questions

Create a new account

For added security, please answer the following security questions.

What is the last name of your favorite school teacher? ⌄

Your answer

What is the name of your favorite song? ⌄

Your answer

What is the furthest place to which you have traveled? ⌄

Your answer

Continue

If you click on the blue arrow, it
will give you options of other
questions to answer. Please keep
in mind that each answer must be
at least five characters long.

You may want to write the questions
and answers you choose down for
future use.

When you have answered all
questions, the "Continue" button
will light up. Click it.

5 Finally, you will be asked for your ZIP Code.

6 **Congratulations!**

You have created your *All of Us* Participant Portal account.

a. You will now be guided through the consent forms.
- Consent to Join the *All of Us* Research Program
- Electronic Health Records (EHR) Consent
- Consent to Get DNA Results

b. You will then be guided through the three surveys.
- The Basics
- Overall Health
- Lifestyle

Questions?

For questions or concerns while setting up your *All of Us* Participant Portal,

please call our support center at **(844) 842-2055**.

JoinAllofUs.org/Together

Welcome to the *All of Us* Research Program

American Association *of* **Colleges** *of* **Nursing**

All *of* **Us**
RESEARCH PROGRAM