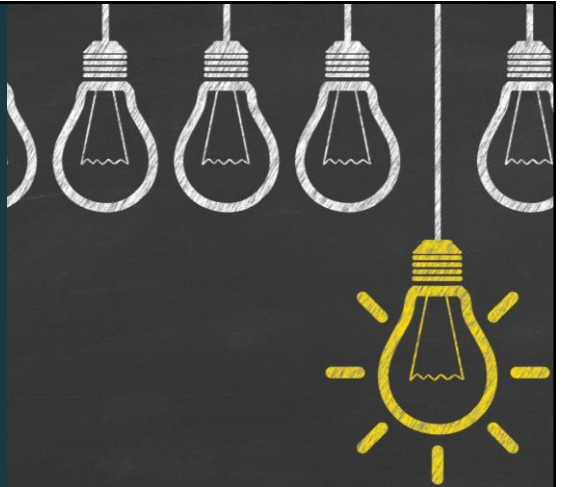# EMOTIONAL INTELLIGENCE AND THE ATI-NCLEX-RN PREDICTOR EXAM

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1

Relationship of Undergraduate Nursing Students' Emotional Intelligence, Critical Thinking, and Resilience to Performance on the ATI-NCLEX-RN Comprehensive Predictor Examination

2

Purpose

Determine significant predictors of ATI-NCLEX-RN Comprehensive Predictor Examination Performance among undergraduate baccalaureate nursing students among the variables of Emotional Intelligence (EI), Critical Thinking (CT), and resilience
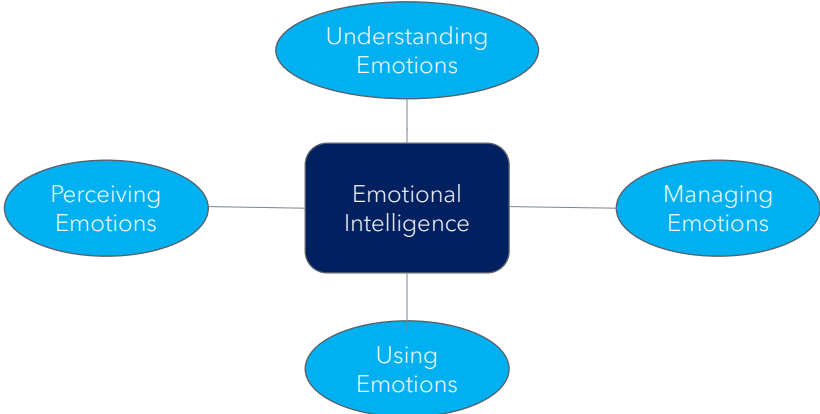
Background

- Nursing Workforce
- NCLEX-RN
- ATI Comprehensive Predictor Exam
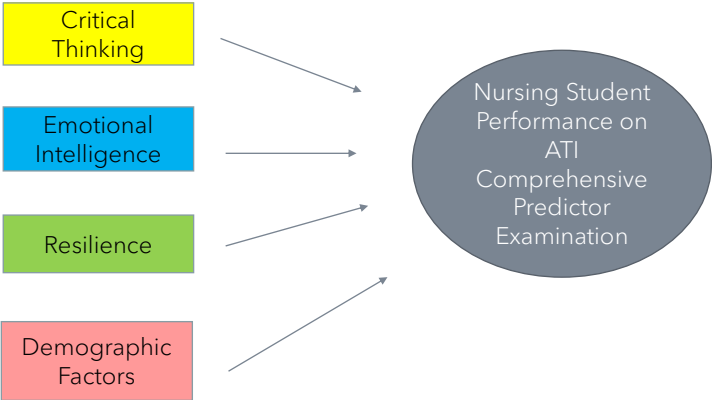- Predictors of passing NCLEX-RN
- Predictors of academic performance

Emotional Intelligence

4 Branch Abilities Model

Mayer & Salovey, 1997

5

Power of Personal Attributes

6

Hypothesis

There will be a significant association between EI, CT, resilience, and other demographic factors to nursing student test performance on the ATI-NCLEX-RN Comprehensive Predictor Examination at the alpha level, $\alpha = .05$.

Methods

- Exploratory, cross-sectional, predictive, correlational design
- Nonprobability convenience sample of 45 BSN students
- Surveys:
    - Demographics
    - MSCEIT V2.0
    - CCTST
    - CD-RISC
- ATI-NCLEX-RN Comprehensive Predictor Examination Scores
- Pearson r correlations and multiple linear regression

Results

- **Yes**---Statistically significant positive correlation between CT and test performance
    ($r = .47$, $p =.001$)
- **No**–No statistically significant correlation found between EI and test performance
- **No**–No statistically significant correlation found between resilience and test performance
- **Surprise Finding**–Statistically significant negative correlation between use of 2.0 Nurse Logic Resource and test performance ($r = -.51$, $p= < .001$)

9

Results

- Neither EI or resilience were significant predictors
- Significant predictors:
    Age ($B = 3.27$, $t = 2.07$, $p = .047$) age 25-40 years
    Use of Nurse Logic 2.0 ($B =-6.42$, $t = -.4.08$, $p <.001$)
    Critical Thinking ($B = 0.34$, $t=2.70$, $p = .011$)

10

Results

- Findings of the overall linear regression were statistically significant $F(12,32) = 3.34$, $p = .003$, $R^2 = 0.556$

- Collectively, demographics (gender, age, ethnicity, previous work experience, previous degree, use of Nurse Logic 2.0 resource, and native language), EI, CT, and resilience SIGNIFICANTLY predicted ATI-NCLEX-RN Comprehensive Predictor Examination test scores, supporting the hypothesis.

- **Limitations**: Homogenous nonprobability convenience sample limiting generalizability

Conclusion

- CT is critical factor to success on ATI-NCLEX-RN predictor exam

- EI, CT, and resilience along with demographic factors collectively predicted test performance

Implications for Practice

- Consider synergistic effects of EI, CT, and resilience to test performance
- Expand studies to determine how these variables work together
- Design curricula that supports development of the learnable attributes of CT, resilience, and EI

Thank You

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