

**Million Hearts® Teaching and Learning Dissemination
Cardiovascular Health, Population/Community Health**

Available Material	Teaching Learning
Public Health Live Broadcast	
<p>Hiding in Plain Sight: Finding patients with Uncontrolled Hypertension. TV show format discussing population health, strategies, health promotion and prevention. Date 2016</p> <p>http://www.albany.edu/sph/cphce/phl_0216.shtml</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p> <p>Provider: An opportunity to learn techniques and strategies of community and population health or teach tactics to clinic staff</p> <p>Faculty: Provides content for population health. Complete series or episodes best for graduate students.</p>
Podcast	
<p>Population Health for Clinicians: A Podcast Series Episode 5: “Putting Prevention into Action in your Clinic and Community: A case study of the Million Hearts Initiative to prevent heart attacks and strokes.” Date 2014</p> <p>A total of eight 15 minute podcast episodes. Provides modules for teaching/learning. Opportunity for on-line teaching/learning followed by robust discussion.</p> <p>https://www.nhms.org/phpapps/html/cme_PodCast_Home.php</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p> <p>Provider: Learn strategies to improve blood pressure control</p> <p>Faculty: Material useful for population health content</p>
Webinars	
<p>Nurse Practitioners and Million Hearts®: On September, 11, 2013 Million Hearts® hosted this webinar to show how nurse practitioners are achieving excellence in detecting and controlling hypertension using proven strategies and engaging in patient and family-centered care.</p> <p>https://webinar.cms.hhs.gov/p83695096/?launcher=false&fcsContent=true&pbMode=normal</p> <p>Promising Practices: Million Hearts and Minority Health: On September 13, 2012 Million Hearts® sponsored an event to discuss the importance of cardiovascular health and community approaches to addressing health disparities.</p> <p>https://millionhearts.hhs.gov/files/MH_Promising_Practices.pdf</p> <p>Promising Practices: Blood Pressure Control in Clinical Settings: On December 4, 2012, Million Hearts® sponsored an event to highlight promising practices in for blood pressure control in clinical settings.</p> <p>https://millionhearts.hhs.gov/files/MH_Promising_Practices_Webinar_12042012_transcript.pdf</p> <p>State of Men's Heart Health: On June 3, 2013, in celebration of Men's Health Month, Million Hearts® and the Men's Health Network hosted the State of Men's Heart Health webinar to discuss effective tools and strategies for involving men in improving their own heart health</p> <p>https://www.youtube.com/watch?v=7T7D1PIYI5c&feature=youtu</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p> <p>Webinars complete listing: http://millionhearts.hhs.gov/partners-progress/innovations.html</p> <p>Webinars: These online events hosted or supported by Million Hearts® and its partners help practitioners and professionals stay up-to-date on the latest innovations in the field, from hypertension control using standardized treatment protocols to reducing sodium and addressing health disparities in heart disease and stroke.</p>

<p>Maryland Works with Partners to Support Million Hearts®: On June 19, 2013 the Association of State and Territorial Health Officials hosted a webinar to highlight how Maryland is working to support Million Hearts®. https://www.youtube.com/watch?v=ZZ5garyszVk https://www.youtube.com/watch?v=1N2WTziO1pA https://www.youtube.com/watch?v=udW_KAD-bYA</p> <p>Reducing Sodium in Home Delivered and Congregate Meals: On May 2, 2014, the National Resource Center for Nutrition & Aging hosted this webinar about the importance of sodium reduction in meals served to older adults. http://nutritionandaging.org/topic-guide-million-hearts-millions-meals-reducing-sodium-home-delivered-congregate-meals/</p> <p>Hypertension Control Protocol Learning Collaborative: In this October 2015 webinar, learn more about the Million Hearts® Hypertension Control Protocol Learning Collaborative and "Technology Integration Strategies to Incorporate Hypertension Protocols into Electronic Health Records." https://www.mainequalitycounts.org/image_upload/MH%20Technology%20Integration%20HTN%20Protocols%20into%20EHR.pdf</p> <p>Hypertension Control Protocol Learning Collaborative and "Using a Systems-Based Approach to Hypertension Control: How Protocols Can Help You Achieve Better Outcomes." April 2015 https://webinar.cms.hhs.gov/p7fmm0l5rus/?launcher=false&fcsContent=true&pbMode=normal</p>	
Demonstration video	
<p>Blood Pressure: Learn more about the newest blood pressure guidelines, stroke prevention, and how to properly measure blood pressure from faculty members. September 9 and 10, 2014 http://www.ucdenver.edu/academics/colleges/pharmacy/AcademicPrograms/ContinuingEducation/PharmacyInfoRecordings/MillionHearts%20Initiative/Pages/default.aspx</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p> <p>Provider: Content on pharmacist collaboration, hypertension guidelines, and secondary stroke prevention.</p> <p>Faculty: Provides material for collaboration, guidelines, stroke prevention and BP demonstration.</p>
Public Health Grand Rounds Webcasts	
<p>Mind Your Risks and Act FAST to Prevent and Treat Strokes: On May 17, 2016 the Centers for Disease Control and Prevention hosted a Public Health Grand Rounds on the importance of identifying and reducing stroke risks and improving the quality of stroke care and treatment. https://www.cdc.gov/cdcgrandrounds/archives/2016/may2016.htm</p> <p>Hypertension: Detect, Connect, Control: On May 21, 2013 the Centers for Disease Control and Prevention hosted a Public Health Grand Rounds session about the importance of high blood pressure control https://www.cdc.gov/cdcgrandrounds/archives/2013/may2013.htm</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p> <p>Public health and grand rounds complete series can be found at: http://millionhearts.hhs.gov/partners-progress/innovations.html</p> <p>Webcasts: The Centers for Disease Control and</p>

<p>Preventing A Million Heart Attacks and Strokes: A Turning Point for Impact: On September 8, 2014, the Centers for Disease Control and Prevention hosted a Public Health Grand Rounds session to feature some of the Million Hearts® progress that has been made. https://www.cdc.gov/cdcgrandrounds/archives/2014/september2014.htm</p>	<p>Prevention (CDC) hosts Public Health Grand Rounds each month via webcast to foster discussion on major public health issues. Each session focuses on key challenges related to a specific health topic and explores cutting-edge scientific evidence and potential impact of different interventions. The sessions also highlight how CDC and its partners are already addressing these challenges and discuss the recommendations for future research and practice.</p>
<p>Slides from 2012 Innovation Summit</p>	
<p>Disease Management to Promote Blood Pressure Control Among African Americans: A team at Aetna set out to determine whether telephonic nurse disease management was more effective than a home monitoring program for African American patients. https://millionhearts.hhs.gov/files/presenter-vega-slides.pdf</p>	<p><i>Suitable for providers and undergraduate and graduate students.</i></p>
<p>Medication Therapy Management: The American Pharmacists Association Foundation's Asheville Project created a community-based, medication therapy management program in North Carolina for patients with hypertension and high cholesterol. https://millionhearts.hhs.gov/files/presenter-bunting-slides.pdf</p> <p>Language Concordant Health Coaches: Coaches in San Francisco worked with residents to improve self- management skills and quality of care for patients who had limited English proficiency and health literacy. https://millionhearts.hhs.gov/files/presenter-hammer-slides.pdf</p>	<p>Innovation Summit complete listing can be found at: http://millionhearts.hhs.gov/partners-progress/innovations.html</p>
<p>Clinical Outreach and Communication Activity (COCA)</p>	
<p>High Burden, Great Opportunity: Preventing Heart Attacks and Strokes. Clinicians will learn about the components of Million Hearts and the strategies to help find and address the needs of those at greatest risk for cardiovascular disease. Date 2016. Clinician Outreach and Communication Activity (COCA). CEU available until December 12, 2017 https://emergency.cdc.gov/coca/calls/2016/callinfo_022316.asp</p>	<p><i>Suitable for providers or graduate students.</i></p> <p>Provider: Strategy for clinician outreach and communication</p> <p>Faculty: Excellent resource for population health content.</p>

One Page Program Summaries (Progress Notes)	
<p>Smoking Cessation-New York Hotel Trades Council and Hotel Association of NYC Inc., Employee Benefits Funds: In October 2011 the Funds' health centers became a part of Health eQuits, a smoking cessation intervention program launched by the New York City Department of Health and Mental Hygiene. https://millionhearts.hhs.gov/files/SS_ny.pdf</p> <p>Sodium Reduction Schenectady County, NY: The Glendale Nursing Home in Schenectady evaluated each meal provided to their residents to determine a baseline nutritional analysis. They then implemented strategies to reduce sodium. Date 2011. https://millionhearts.hhs.gov/files/PN_Schenectady.pdf</p>	<p>Program Summaries or Progress Notes complete set found at: http://millionhearts.hhs.gov/partners-progress/innovations.html Program summaries or progress notes. These innovations highlight successes and best practices in heart disease and stroke by Million Hearts® and partner organizations. They have been selected due to their effectiveness, how easily they can be replicated, and their inclusion of lessons learned.</p>